



www.woodlands-care.com sridgman_woodlands@hotmail.com + 44 (0) 1527 852815 choosing the right care
home for yourself or
your loved one is a big
decision. To help, you
can read our guide to
choosing a care home, or
even better, get in touch.
You can also read the
FAQs and our caring for
dementia page"

Dementia Care at The Woodlands Residential Home

As a residential care home, we specialise in dementia care.

We follow best practice including

- Involving residents and willing families or representatives in the decisions made each day and over the long term.
- Ensuring each resident, no matter the stage of dementia has a sense of freedom about the choices and the care they receive.
- Treating each person as an individual and trying to understand the messages behind the behaviour.
- Listening and learning about each resident's past, so that our staff can engage in responsive and meaningful conversations and to use this information to make activities relevant where we can.
- Adopting a person-centred approach, taking the focus away from present illnesses or disabilities by working with the positives and what can be achieved with the right support.
- Ensuring our staff are trained to be able to deliver fantastic dementia care and all of the above. We believe that all our residents should receive outstanding Dementia Care at

The Wodlands Resiedential Care Home.

Services at The Woodlands Residential Home

Our caring services start at the very top.

Our husband and wife team, Mark and Debra, are a qualified doctor and retired nurse respectively.

We only employ staff that are highly motivated and of a caring nature.

To ensure consistent quality of service, we constantly ask ourselves 'Would I want that level of care for a friend or family member?'.

Our new residents are entitled to a free overnight stay to help them to decide if it is the right place for them. This is based on years of experience.

Though the move away from home may inevitably be necessary, we want to ensure the resident and family have as much information as possible to help make this difficult decision.

We are visited regularly by the District Nurse, a Chiropodist, a General Practitioner, Opticians, and an Occupational Therapist.

This multi-disciplinary team ensures all our residents' well-being is in check.

Combined with our own staff, all our residents are well looked after at with excellent services at The Woodlands Care Home.







Facilities at The Woodlands Residential Home

Our Residents have the following facilities at Woodlands care home:

- A conservatory
- Lounge and dining facilities
- Outdoor patio areas
- Specially equipped shower & baths
- Assisted toilets en-suite

Registered for 19 residents with 16 bedrooms, of which 2 can be doubles for married couples

Our residents enjoy as much freedom as possible, to live the life they want and one which will enhance their well being and those of their families.

We are always looking to improve our facilities at Woodlands Care Home where we can, and work to accommodate new residents as well as changes with those already living here.

Any feedback to help meet the needs of each resident is welcomed, be that with their facilities or in other areas.









Food and Activities at Woodlands Care Home

What food is on offer at Woodlands Care Home?

Anything you want

We will consider all requests and strive to make sure our residents are eating the food that they want to eat, when they want to eat it. We have finger foods (that can be eaten with the hands) available for residents who want to keep as much independence as possible, despite any health conditions.

- We will take into account any dietary requirements to ensure the food is appropriate.
- Fortified food is available for residents who have lost weight.
- Residents can ask for food at any time of the day or night.
- We do have schedules for the main meals, but flexibility is key with each resident.

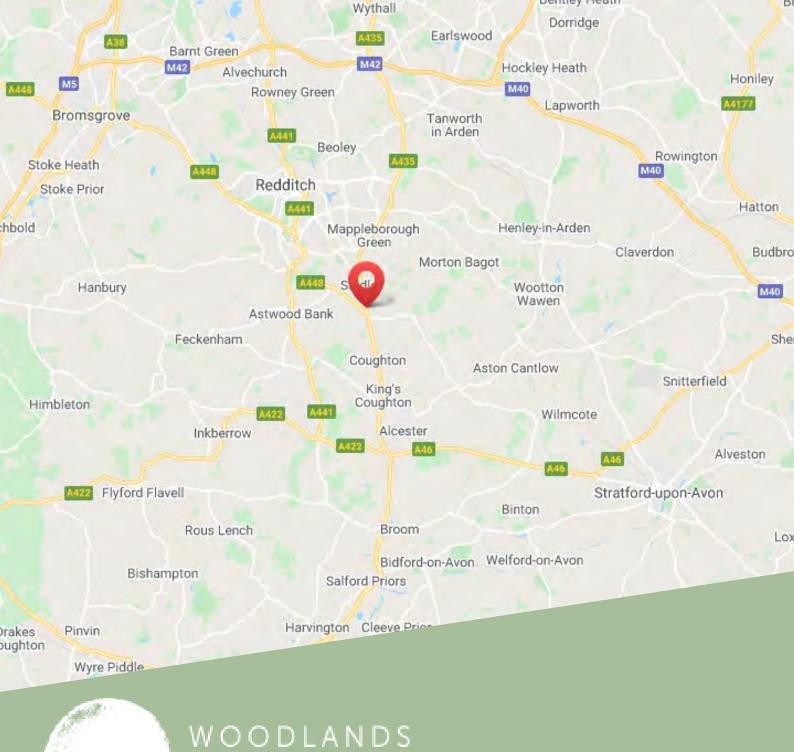
What activities are put on for residents at Waterloo Care?

We try and make sure that residents are entertained and are free to seek their own entertainment where they can.

Some common activities are:

- Reading. Plenty of books are available and many residents bring their favourites with them.
- Birthday teas and cake.
- Musical performers will visit the home.
- Themed parties take place, and residents are free to engage as much as they wish.
- Karaoke is a regularly enjoyably event
- Occassional visits from Alpacas

We know that the provision of excellent food and activities at Waterloo care home is vital for our residents' well being.





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